



Need to talk?

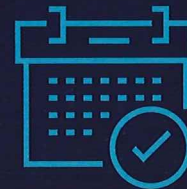
Worried or anxious about something? Or just want to find out what you can join in with?



The Residential Experience team are here to support you with any welfare or wellbeing issues and can signpost you to university services as required.



Our residential assistants are available every evening for a friendly chat and advice.



See the events calendar on the website to join in with ResX events and follow our social media channels for updates.



resx@nottingham.ac.uk



nottingham.ac.uk/go/resx



0115 748 7600



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in your halls community



**In an emergency contact Security on
0115 951 8888.**